

### ACTIVITY 3.4.3



Now we would invite you to discuss your findings and experiences of your role play. The following questions may help your discussion:

Questions for discussion:

Have you managed to create a trusting atmosphere and how did you establish that?

Have you experienced problems? What can you do different?

What did you learn for your work with clients?



In order to promote empowerment processes, it is in principle more important to ask questions than give answers. Together with the client a joint search process is initiated.

The following basic principles are necessary:

- Resources and competence orientation,
- Processor orientation,
- Goal orientation,
- Optimism,
- Willingness to working relationship with equal rights,
- Responsibility and control,
- Trust in the powers and competences of the other persons,
- Willingness to share the power.

Here are some key questions for professional support:

- Under which conditions do people succeed in discovering their own strengths together with others?
- What does help to make people active for shaping and control their own living conditions?
- How can you help to support different forms of self-organization?
- How can you create a social climate that supports processes of the empowerment?
- What are the consequences of such experiences on the people involved in the process?

